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## Not a sports topic but I would like some input plz

Posted by Cougfan84 - 2008/04/22 16:41

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Last night my girlfriend of 4 years (2 years dating, 2 years writing while i was on a mission) broke up with me...She is pregnant from some stupid chump that I actually know...Freakin' Tore my heart out...

Haha sorry to give you my sob story but thats why i said some dumb things on here last night, I was still blowing off steam...So if i said anything to piss anyone off I fully apologize. I freakin' put a hole in my wall, broke everything she ever gave me and full out lost it last night...then a few hours later I got online to study for my Calc 2 and Macroeconomics finals and decided to come on Cougarblue and that was a mistake, I said some dumb things. But today I let a cooler head prevail and came on to just talk sports as my get away from it all.

So I apologize for anything dumb I said last night, I was just mad at everything and hated everyone...i'm sure some of you have had some crappy times like that.

I need to stop feelin' sorry for myself cuz so many people have it so much worse than me, but the girl I was gonna propose to this summer to be my wife freakin' knocked the wind right outta me and tore my heart out... (I guess better she did this to me before we were married right? I gotta look at the bright side)

I know this is a sports page but does anyone have any good stories of when they got cheated on or whatever and how they got over it...I need somethin' funny, spiritual, anything...cuz i'm strugglin' right now really bad...

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## Re:Not a sports topic but I would like some input plz

Posted by craigoscarson - 2008/04/22 16:55

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Consider yourself lucky that you found out now rather than later. All you lost was a girlfriend; dime a dozen. After marriage= much bigger deal

I've never been cheated on but I have been divorced. I got the trophy wife and it was hell for 2+ years: thank goodness, no kids, no house then, etc. relatively painless as divorce goes.

I dated a ton after and married my best friend and we have a future BYU cheerleader now.

Anytime a relationship before marriage falls apart over junk like that, count yourself very very lucky. In fact pinch yourself for how lucky you are. If you don't think so, ask anyone in an unhappy marriage that never really knew their spouse until after getting hitched.

Hit the books, do well on your finals, forget about her

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## Re:Not a sports topic but I would like some input plz

Posted by Cougfan84 - 2008/04/22 17:12

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Thanks bro... I guess I just needed to think of it from that aspect. I am lucky! im still kinda bummed but I guess the sting of this will vanish quicker than if I was married to her...

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## Re:Not a sports topic but I would like some input plz

Posted by Hengst - 2008/04/22 17:17

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That sucks man. Get yourself some rich chocolate ice cream, some henry weinhard's rootbear, and a couple seasons of Buffy the Vampire Slayer to watch, and you'll be in good shape ;)

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## Re:Not a sports topic but I would like some input

Posted by snoscythe - 2008/04/22 17:21

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Hengst wrote:

Get yourself some henry weinhards rootbear

I think this actually qualifies for some O'Douls. That was my roommate's heartbreak drink of choice.

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## Re:Not a sports topic but I would like some input

Posted by Hengst - 2008/04/22 17:29

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snoscythe wrote:

Hengst wrote:

Get yourself some henry weinhards rootbear

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at least the henries actually tastes good ;)

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## Re:Not a sports topic but I would like some input plz

Posted by Cougfan84 - 2008/04/22 17:32

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lol thanks for the advice guys...isn't O'Douls the non-alcoholic Brewskie? if so, im gonna go get some and pound them! haha that way i can drink away my sorrows (Without breaking the word of wisdom) haha. Ice cream is pretty good stuff...Im thinkin ill go buy me some DiGiorno pizza and eat the whole thing...What other foods can I eat? (I better be careful, Ill go from 195 to 250 over night haha)

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## Re:Not a sports topic but I would like some input plz

Posted by Cougfan84 - 2008/04/22 17:33

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ah what the hell, ill get some henrys and o'douls! Ill get some for you guys too haha, well become non-alcoholic drinkin buddies!

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## Re:Not a sports topic but I would like some input plz

Posted by Hengst - 2008/04/22 17:42

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You should get some buddies and go eat at iggy's and watch the playoffs if you want some good food and some good entertainment to keep your mind of of things. That phoenix San Antonio game tonight ought to be about as good as NBA games get (the one the other day may be the best NBA game I've ever seen, except I was rooting for phoenix :-)

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## Re:Not a sports topic but I would like some input

Posted by Hengst - 2008/04/22 17:43

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Cougfan84 wrote:

ah what the hell, ill get some henrys and o'douls! Ill get some for you guys too haha, well become non-alcoholic drinkin buddies!

lol, sounds like a plan. Somebody needs to open a non-alcoholic bar :-)

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## Re:Not a sports topic but I would like some input plz

Posted by Cougfan84 - 2008/04/22 17:55

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Yeah how the Frick did Duncan get that wide open for that 3! The man is one of the greatest players ever, how do you leave him that wide open?! The Diesel better light a fire in the Suns tonight so they can still one on the road because they are so much better than the Suns athletically it is ridiculous!

And im down with the idea of a non-alcoholic bar...We should start one, Whats a good name for it?

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## Re:Not a sports topic but I would like some input plz

Posted by Hengst - 2008/04/22 18:05

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Oh come on, that's probably the first 3 pointer duncan has ever made in his NBA career. He's a center, I can't really blame the suns for leaving him wide open for that shot. The only person I can think of who I'd rather have take that shot is probably olberto (or however you spell his name).

I have no idea what you would call it, there used to be a place called the Juice Pub in Sandy, but I think that it was more of a Jamba juice type place (it was pretty cool, they let you write on the walls :-).

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## Re:Not a sports topic but I would like some input plz

Posted by craigscarson - 2008/04/22 18:06

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Cougfan84 wrote:

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Name for a non-alcoholic bar = "My friends and I invested all our money in this non-alcoholic bar and now we're all broke"

why did Duncan get wide open for a 3? (Same reason Trent Plaisted would have been allowed to shoot for a game winning 3)

Because Tim Duncan shot 4 3's all season- he shoots free throws almost as bad as Shaq- that was probably a 25% chance to go in. but that's not the question you should be asking.

The better question is why didn't Phoenix foul in regulation and overtime when they had a 3 point lead with seconds left each time. SA deserved the W but Phoenix gave it away.

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## Re:Not a sports topic but I would like some input plz

Posted by Cougfan84 - 2008/04/22 18:17

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Still the man is clutch...I wouldnt leave him open! I've seen Duncan hit a lot of shots from the top of the key so he is still very dangerous. And very valid point, They should have fouled...And they shouldnt have put the game winner in the hands of Boris Diaw!

love the name of the bar too!

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## Re:Not a sports topic but I would like some input plz

Posted by CougarPeasant - 2008/04/22 22:50

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Dude, you got totally slammed. I feel for you and been through a tough break up too. I can definitely commiserate.

Just one thing, forgive her and move on. She's his problem now, not yours. You might even send him a gift thanking him for taking her off your hands and saving you even more heartache.

Weinhardts are pretty good. I actually prefer IBC. Weinhardts is a bit too soft, no bite.

Duncan is awesome, even if boring. He is a freaking machine of efficiency.

But how about dem Jazz and their 2-0 record on the road over Houston?!!! Sweeeeeeeet.

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## Re:Not a sports topic but I would like some input plz

Posted by Conosticator - 2008/04/22 23:05

craigoscarson wrote:

Cougfan84 wrote:

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Duncan was 0-4 from 3pt range during the season and 24-126 (19%) career. Leaving him open to cover more dangerous outside shooters was a reasonable gamble that didn't pay off. Tim Duncan may be a great player but he is not "clutch" from beyond the arc. Now if it was Larry Bird, I'd say cover him with two guys... but that's another story.

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## Re:Not a sports topic but I would like some input

Posted by Gymcoug318 - 2008/04/23 03:09

Hey man that really sucks! Hang in there! I hope everything gets better for you. You should punch the dude in the face when you see him next! :angry: But It sounds like you are having a cooler head now. Good luck too you!

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## Re:Not a sports topic but I would like some input

Posted by Raiderboy - 2008/04/23 07:02

I would just kind of echo what has already been said here. But if the girl would do something like that, are you really losing much?

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## Re:Not a sports topic but I would like some input

Posted by imuakahuku - 2008/04/23 07:24

I have to say, she is in a much tougher spot than you are. First, she is pregnant w/o any preperation (i.e. committed

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husband, stable home). I think you are the one better off. I had something like this happen to me in college. A close friend of mine asked me one day why I was dating another friend of mine "girlfriend". When I asked her about it she lied and said he was just a friend and that she had almost nothing to do with him. I trusted my first friend and just told her thanks but no thanks. Turns out she was pregnant from my second friend. He ended up breaking up with her a short time later because he found out she had been dating me and wasn't about to betray a friend. I look at my situation now and am so thankful that I didn't waste any more time with someone like that. A year later I met my beautiful wife and the rest is history.

Here is what I was blessed with. And we just added a fourth that looks just like his older brother. I have to say, when you live your life right on and off the field magical things happen. :)  
<http://www.cougarblue.com/images/fbfiles/images/slide.JPG>

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## Re:Not a sports topic but I would like some input

Posted by jhw5 - 2008/04/23 08:57

imuakahuku wrote:

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Uh, maybe. But they're all wearing red....ohmy:

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## Re:Not a sports topic but I would like some input

Posted by SenorCougar - 2008/04/23 10:13

But their eyes are BLUE.....

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## Re:Not a sports topic but I would like some input

Posted by frodo56 - 2008/04/23 10:28

Sorry about you loss man. Although, sounds like you're better off. We have all had our hearts broken, I think it's part of life, opposition and all that. What is good to see is the support you're receiving. My wife says that men don't have very good support systems. She is right for the most part, us being so tough we think we can do ourselves. Talk to other and listen to them and you'll make it, perhaps be better for it.

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## Re:Not a sports topic but I would like some input

Posted by Metallicat - 2008/04/23 10:32

Raiderboy wrote:

But if the girl would do something like that, are you really losing much?

That's something to think about.

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Imu, Cute kids!

Now for a little comic relief for cougfan:

A man got pulled over for doing 30 over. When the cop came to the window he says, "I get off in ten minutes and don't want to do the paper work so if you can explain to me why you were going 30 over I might let you off." The driver says "My wife ran off with a cop last week and when I saw you chasing me with you lights on I thought you were trying to return her."

And now for my venting moment, today is our third anniversary. The day we got married my wife was sick and remained that way through the honeymoon. The next year I was sick. The following year my wife was sick and had morning sickness. Today I woke up and have thrown up twice. April 23rd is cursed or something.:angry:

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## Re:Not a sports topic but I would like some input

Posted by MajorCougar - 2008/04/23 11:14

I understand how you feel, but probably not at your level.

IIRC, President Hinckley's dad told him "to forget himself and get to work".

If you're not currently employed, get a job. Better yet, finish your education. Find a hobby; do some service. Bottom line is get into doing something that you enjoy; stay engaged (no pun intended).

They'll be plenty of other girls to date, so that you can find the right one for you to marry and have a family.

Live life with no regrets (I'm still learning from that, since I have plenty of 'em...) :)

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## Re:Not a sports topic but I would like some input

Posted by HoosierCougar - 2008/04/23 11:31

Man, I don't have any idea what that must feel like. I have been dumped, but never betrayed like that. You are justified in your ache, but like others have said, forgive, and don't let it fester. I have seen the result of wrongs unforgiven and it isn't pretty.

Here are a couple of anecdotes, (neither of which happened to me) along your same lines, that ended well.

A friend of mine was a wild child and his current wife's Seminary Teacher writes in her yearbook to stay away from him. He cleaned up and went on a mission. When he got home, there were 2 girls he wanted to look up: current wife and one other. Current wife came to the airport and knew when she saw him that his pre-mission repentance was for real and she was essentially committed at that point. He looked up the other, her parents told him she was at a friend's house. He goes there and she's drunk & naked in the pool. Story ends well for him: beautiful family, successful career, positive impact on others, and service in the church. So much for listening to Seminary Teachers on life advice.

Second guy I knew in college was prepping for his mission, but his girlfriend doesn't want him to go. She wants him to stay and get married. He tells her he's committed to going on a mission. She gets preggers by some other guy and tells everyone its his. Stake Prez won't let him go until the baby is born and they can do a paternity test. Baby is born, and she's "shocked" to find that while she and my friend are blond with blue eyes, this child has dark skin, eyes and hair-- which is as specific as I'll get here--not genetically impossible based on what I have said, but suffice it to say that it clearly wasn't his child. Stake Prez apologizes and he serves with honor. I lost touch with the guy, but he's bright and capable, and he doesn't carry that baggage with him. I am sure he's in good shape.

Bottom line in choosing a wife: Marry up. Make her settle. Of course, if you both feel like you married up, that's a really good match.

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## Re:Not a sports topic but I would like some input

Posted by imuakahuku - 2008/04/23 12:47

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jhw5 wrote:

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Uh, maybe. But they're all wearing red...:ohmy:

Never thought of that! :laugh: :laugh: It was one of our xmas pics. I look at it as Kahuku red. A completely different shade of red. Kahuku red is not "sackless"! :lol:

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## Re:Not a sports topic but I would like some input

Posted by BoiseBYU - 2008/04/23 13:56

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Ah man that has to hurt. I have a close friend who did not find out until AFTER he had been married in the temple...suffice it to say, it was wrenching...And then getting a temple divorce and, in his mind, becoming known as a "divorcee," was quite difficult. The best advice has already been said--forgive and move on. People who do not forgive let the offender continue to have sway and power. Forgiveness removes that power. I wish you well

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## Re:Not a sports topic but I would like some input

Posted by CAFB\_04-12 - 2008/04/25 14:38

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Cougfan84 wrote:

Im thinkin ill go buy me some DiGiorno pizza and eat the whole thing...

Man, I do this on a regular basis. I didn't know it was for drowning sorrows. :(

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## Re:Not a sports topic but I would like some input plz

Posted by stuckinbig10country - 2008/04/25 15:08

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My wife and I just split up after seven years of marriage. It sucks. It hurts terribly. There are several issues that I won't go into here, but suffice it to say, that even if both people love each other, that is not enough to make things work out. Commitment and dedication to the relationship need to be there from both sides.

The only advise that I have for you is to not get involved with anyone right away. Even if you meet the most perfect girl, make sure she is and that you are not just wanting the feelings to be real. Made the mistake of getting involved with someone too early, realized that I was projecting feelings on to her, and had to break up with her, causing more pain to myself (because I actually cared about this person, just didn't love them) and the other person.

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## Re:Not a sports topic but I would like some input

Posted by Hengst - 2008/04/25 15:14

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I'm sorry to hear that man. That's some rough stuff.

I'm glad that you figured out that stuff about yourself with getting involved with someone too early before it was too late.

I wish my dad could figure that out, he just got remarried again for the second time in a year (he's on his 3rd marriage now, they knew each other for about a month . . .Craziness! -- I know sometimes knowing each other for that long can work out, but for someone who had only be re-divorced for 2 months and someone who has 3 out of 4 kids under 18 it is insanity!)

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## Re:Not a sports topic but I would like some input plz

Posted by OLB - 2008/04/25 17:31

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CougarPeasant wrote:

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Just one thing, forgive her and move on. She's his problem now, not yours. You might even send him a gift thanking him for taking her off your hands and saving you even more heartache.

Here is the thing man, at some point she is going to come crawling back -- probably when she realizes she doesn't want to raise this kid on welfare for the rest of her life.

She'll come back to you because you are a responsible guy doing something with your life.

When she comes back (and she will, I promise), you have to be strong enough to say "hell no." If you decide to take her back (which would be a very unwise decision) please understand that she was a cheating lying ho before you got married to her, and she'd be a cheating lying ho after you got married to her.

Fact is, she stopped respecting her. Don't take her back, no matter how much she begs, pleads, or guilt trips you. Cut it off completely man.

I feel for you. Good luck. Pick-up a meaningful hobby and give real service. I promise you that you'll find someone much better.

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## Re:Not a sports topic but I would like some input

Posted by Cougfan84 - 2008/04/25 19:07

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Seriously guys thank you so much! All of your advice I truly believe is going to help me move on from this heartache. A little bit each day the pain dulls a little more... I feel for anyone that has ever dealt with stuff like this, It is hard to get over but I know that God is helping me each day.

Everyone that is dealing with the pains of divorce and other hardships, my heart breaks for you all of you. I wouldn't be able to handle that...

I appreciate all of your comments, insights, and support...it means a lot!

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## Re:Not a sports topic but I would like some input plz

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I know this is a sports page but does anyone have any good stories of when they got cheated on or whatever and how they got over it...I need somethin' funny, spiritual, anything...cuz i'm strugglin' right now really bad...

That "blows", I had the same thing happen to me while I was still on my mish, I couldn't think straight for a week. I thought my comp handled my situation pretty well, he took me over to the temple and it was then I realized that girl wasn't the type of material that really wanted what I wanted out of life and it put a different perspective on the girlfriend/wife requirements, we all have different values that we want in a companion and she just didn't meet with my "wish list" of qualities that I wanted. I ended up with the girl of my dreams and 10 kids later we're still in love. I'm only saying, the best person for you is still out there looking for what you bring to the table and she'll be ready to "stick" with you and no other.

I get that life now sucks, but there's always tomorrow.

I feel for ya.

Rackem'

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## Re:Not a sports topic but I would like some input

Posted by bengel - 2008/04/25 20:55

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I know this is a very painful time for you, for her, and for anyone who loves either of you. There are five steps to grieving: denial and isolation, anger, bargaining, depression, and acceptance. You should expect to experience them all. Don't get stuck. Go all the way through to acceptance of what has happened and let it go.

You may ask how that is done. Family, friends, and ecclesiastical leaders can help. Counselors may be useful.

Please remember something a former member of my stake presidency taught me. The Atonement not only has the power to remove burdens placed on us by our choices, it also has the power to lift the burdens placed on us by others' choices. The trick, in both situations, it to let go completely and hand it over. Best of luck in doing that.

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## Re:Not a sports topic but I would like some input

Posted by stgeorgefan - 2008/05/06 14:13

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Just a small FYI to ya'll. O'douls has a "some Alcohol" in it. Othewise it would be next to the coke products instead of in the beer isle.

If your looking to "keep the word of wisdom" then O'Douls is not a smart choice.

As far as your previous relationship.... All I can say is I know how you feel. The same happened to me in fact. Dated a girl for 1.5 yrs, was planning on getting married, we had some ruff times where we simmered the relationship down, it was then that she went and slept with one of my friends... Then "she came crawling back to me" I loved her so I let her back in my life, 3 months later she is prego with another guy.... She ended up marring the guy(why??) and yrs down the

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road she is divorced. Me; it took me awhile to get over it. I worked myself crazy, found a healthy past time( running marathon) and am now married to a wonderful women who is 1000% times better than my 1st love.

So my advice... Think long term. It's better to get out now. She was NOT the right one for you. Better for you to figure that out at a young age instead of later with kids maybe? There are many fish in the sea, you just have to be patient and look hard and you'll find someone better, that I can promise you.

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